



Communication tips

People in hospital may have trouble communicating for a number of reasons

_____ has difficulty communicating due to

Tips for family and friends

- Make sure the person can hear and see you
- Reduce distractions
- Move to a quieter place and turn down the TV or radio
- Use resources such as writing, gesture or photographs
- Use an iPad, hearing amplifier or phone to help the person understand
- Keep information simple
- Check the person has understood
- Ask staff to book an interpreter if English is not their first language

It's important to:

- Talk clearly, using your natural voice
- Acknowledge frustrations
- Be patient and allow enough time for a conversation



A Speech Pathologist can:

- Provide individual strategies for communication
- Loan a device to help patients hear
- Loan a telephone to make it easier to hear

How can I access a speech pathologist?

- Ask the nurse to contact us

If you require an interpreter

- Ask staff to contact interpreting services

Useful websites

- www.dementia.org.au
- <https://aphasia.org.au>

Talk to your Speech Pathologist for more information.

Your Speech Pathologist is:_____